

# Zero Carbon Food

Sat 24 April, 11am – 12.30pm

With Gareth Roberts (ShefFood), Dawn Ward (vegan), Jane Woodward (Incredible Edible) and Chris Brooks (Inspire Community Garden)

[Register here](#)



The third in a series of Zoom events designed to celebrate and prepare for the 26th UN Climate Change Conference of the Parties (COP26) in Glasgow. These events will cover different climate themes, bringing together experts and examples of best practice to identify the actions needed to achieve a zero carbon society. The speakers at this event will talk about the different elements of the food system and how they can all work together to reduce carbon emissions and feed people in a more sustainable way; the benefits of a plant-based diet; organic growing and growing food in public spaces, followed by Q&A.



## About the speakers

### **Gareth Roberts, [ShefFood](#), Sheffield's Food Partnership**

Gareth is a founder member and co-director of [Regather](#), and coordinator of ShefFood. His mission is a food system with money retained in the local economy, more productive land, better quality food, improved health and better awareness of/involvement with changing the food system for the better.

### **Dawn Ward, plant-based/vegan**

Dawn has a background working as an energy consultant, environmental builder, wind energy researcher and engineer and a tidal energy designer. She is passionate about the benefits of following a plant-based diet for zero carbon sustainable food: for the planet, our health and the animals.

### **Jane Woodward. [Incredible Edible Chesterfield](#)**

[Incredible Edible Chesterfield](#) is a community movement encouraging people to grow fruit, vegetables, herbs and pollinators in public spaces for anyone to pick for free. Growing is a wonderful community activity and gives a fantastic opportunity to come together and share.

### **Chris Brooks, Chair, [Inspire Community Garden](#)**

Chris is Chair of Inspire Community Garden, an organic demonstration garden following permaculture principles set up by Transition Chesterfield in 2015. It is now a separate charity which grows food, teaches people how to grow food organically and provides therapeutic horticulture.

### **Save the date for future events**

*Education (Sat 22 May); Circular Economy (Sat 26 June), Tree planting & flood prevention (Sat 31 July), Rewilding (Sat 25 Sep)*

