

Summer pruning.

Trained forms of fruit trees:
espaliers, cordons, fans, step overs, etc.

Start with maiden / whip = one year old, unshaped / unpruned by nursery.

CORDONS: never prune leaders till they reach limit.

ESPALIERS: never prune horizontal leaders till they reach limit.

Cut out completely shoots growing into wall, frame, etc..

<https://www.rhs.org.uk/fruit/apples/training-espalier>

<https://www.rhs.org.uk/fruit/apples/growing-and-training-as-cordons>

<https://www.rhs.org.uk/fruit/apples/pruning-established-cordons>

<https://www.rhs.org.uk/fruit/fruit-trees/initial-fan-training>

<https://www.rhs.org.uk/fruit/fruit-trees/pruning-established-fan-trained>